



-KARL STIRNER-  
ARTS TRAIL

## The Artful Dash 5K Run/Walk, 8:30 a.m., Oct. 14, 2018

Run through an outdoor art museum! You can run or walk amidst 15 different works of art including sculptures, murals and horticulture along the scenic Bushkill Creek. Join us for your first 5k, to try to set a new PR or to check out the art.

Race begins behind "The Spot" on North Third Street in Easton, heads along the Bushkill Creek and through the Arts Trail before diverting onto the new nature trail, which will wind up back on the arts trail, turn around at 13th street and go straight back to "The Spot."

Awards to the first three finishers of male and of female, as well as the top male and female in the following age groups: 19 and under, 20-29, 30-39, 40-49, 50-59 and 60+.

### Registration Fees follow:

Now-August 31st: \$25

Sept. 1-Oct. 8: \$30

Race day Registration: \$35

Optional online Registration Available at [www.runsignup.com](http://www.runsignup.com) until Oct. 8.

\*\*\*Refund Policy: Entries are non-refundable. This is a Rain or Shine event\*\*\*

Day of sign-ups start at 7:30 a.m. near the start of the race.

Mail-in registration using the form below.

Questions? Contact race director Lynn Schoof at [lmo5052@gmail.com](mailto:lmo5052@gmail.com) for any reason. **Learn more about the Karl**

**Stirner Arts Trail at [www.karlstirnerartstrail.org](http://www.karlstirnerartstrail.org)**

Race proceeds will support design of artist-created exercise stations along the Trail.

The Karl Stirner Arts Trail is a 501 (c)(3) charitable organization.

Please make checks out to Karl Stirner Arts Trail (with memo "5K") and mail to Karl Stirner Arts Trail, c/o The Artful Dash, 123 S. Third Street, Easton, Pa 18042

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sex: M or F      Race Day Age: \_\_\_\_\_      T-Shirt Size: S M L XL XXL

Phone:(    ) \_\_\_\_\_ - \_\_\_\_\_      Email: \_\_\_\_\_@\_\_\_\_\_.

I DO HEREBY ASSUME FULL RESPONSIBILITY FOR ANY AND ALL DAMAGES, INJURIES (INCLUDING DEATH), OR LOSSES THAT I MAY SUSTAIN OR INCUR, IF ANY, WHILE ATTENDING, PRACTICING, PARTICIPATING OR WITNESSING IN ANY ORGANIZATION EXERCISE PROGRAM, SPORT OR PHYSICAL ACTIVITY OCCURRING IN OR ABOUT THE ORGANIZATION PREMISES. I HEREBY ASSUME FULL RISK, WAIVE ALL CLAIMS AND RELEASE AND HOLD **THE KARL STIRNER ARTS TRAIL**, ITS INSTRUCTORS, OR PARTNERS OF SAID PROGRAM, INDIVIDUALLY OR OTHERWISE, HARMLESS FOR ANY AND ALL CLAIMS FOR INJURIES OR DAMAGES.

In consideration of my participation in and the use of the organization's facilities, I hereby release and covenant not to sue the Organization, its owners, shareholders, directors, officers, employees, representatives, agents, and lessees from any and all present claims resulting from ordinary negligence and inherent risk of use of the facilities and equipment of the Organization including but not limited to any loss, injury, damage or liability sustained by me while on or about the premises of the organization.

I have read and understand the above waiver:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Under 18 the day of the race:

I DO HEREBY ASSUME FULL RESPONSIBILITY FOR ANY AND ALL DAMAGES, INJURIES (INCLUDING DEATH), OR LOSSES THAT MY CHILD MAY SUSTAIN OR INCUR, IF ANY, WHILE ATTENDING, PRACTICING, PARTICIPATING OR WITNESSING IN ANY ORGANIZATION EXERCISE PROGRAM, SPORT OR PHYSICAL ACTIVITY OCCURRING IN OR ABOUT THE ORGANIZATION PREMISES OR AT ANY OFFSITE LOCATION. I HEREBY ASSUME FULL RISK, WAIVE ALL CLAIMS AND RELEASE AND HOLD FRIENDS OF THE KARL STIRNER ARTS TRAIL , IT'S INSTRUCTORS, OR PARTNERS OF SAID PROGRAM OR EVENT, INDIVIDUALLY OR OTHERWISE, HARMLESS FOR ANY AND ALL CLAIMS FOR INJURIES OR DAMAGES.

I am fully aware and understand that the club does not have on or about the club premises, or employ or contract with any medical services, provisions for ordinary or emergency medical services. In consideration of my child's participation in and the use of the Organization's facilities, I hereby release and covenant not to sue the Organization, its owners, shareholders, directors, officers, employees, representatives, agents, and lessees from any and all claims resulting from any physical injury that may occur to my child while participating in any program or event sponsored by The Karl Stirner Arts Trail.

Child Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_